

VITA

IRVIN G. ESTERS, PhD

109 Avery Drive
Youngsville, LA 70592
337.856.0473; 337.482.5261
e-mail: esters@louisiana.edu

EDUCATION

- Ph.D.** Counseling and Educational Psychology; The University of Mississippi (Ole Miss), 1995.
Dissertation Title: “The Effects of a Psychoeducational Intervention on Rural Adolescents’ Concepts of Mental Illness and Attitudes About Seeking Professional Help”
- M.Ed.** Counseling and Guidance; McNeese State University, 1992
- B.S.** Education (Certification areas listed below); McNeese State University, 1985

PROFESSIONAL LICENSES AND CERTIFICATION

Licensed Professional Counselor (LPC), Issued by the State of Louisiana Licensed Professional Counselors Board of Examiners, License Number: 2147

Nationally Certified Counselor (NCC), Certified by the National Board for Certified Counselors, Certificate Number: 80506

Board approved Supervisor, Approved by the State of Louisiana Licensed Professional Counselors Board of Examiners, Certificate Number: S2147

EMPLOYMENT

- 06/03 – present** **Associate Professor and Director of Counselor Education**
Department of Counselor Education, University of Louisiana at Lafayette
- 08/02 - present** **Associate Professor of Counselor Education**
Department of Educational Foundations and Leadership / Program in Counselor Education, University of Louisiana at Lafayette.
- 08/98 - present** **Counselor / Consultant / Supervisor**
In addition to academic appointment. Clientele limited and selective; includes supervision of LPC Interns.

- 09/01 - 06/03** **Director of Graduate Studies in Education**
College of Education, University of Louisiana at Lafayette.
- 08/97 - 08/02** **Assistant Professor of Counselor Education**
Department of Educational Foundations and Leadership, The University of Louisiana at Lafayette.
- 08/95 - 08/97** **Assistant Professor of Psychology and Education**
Division of Social Sciences, Lyon College, Batesville, AR.
- 08/95 - 08/97** **Mental Health Consultant**
Northcentral Arkansas Development Council, Inc.
- 12/93 - 05/95** **Visiting Assistant Professor / Instructor in Educational Leadership and Educational Psychology (job title change made during appointment)**
Department of Educational Leadership and Educational Psychology, Program in Counselor Education, The University of Mississippi, University, MS.
- 12/94 - 05/95** **Pretrial Services Contractor / Intern**
United States Probation and Pretrial Services, Northern District of Mississippi.
- 08/92 - 05/94** **Research Assistant**
Program in Counselor Education, The University of Mississippi, University, MS.
- 08/92 - 12/94** **Mental Health Counselor / Consultant**
Communicare, Community Mental Health Center, Oxford, MS.
- 08/90 - 08/92** **Teacher**
6th Grade Science, Health, Physical Education; Welsh-Roanoke Junior High School, Roanoke, LA.
- 08/89 - 08/90** **Teacher**
Biology, Environmental Science; Sulphur High School, Sulphur, LA.
- 08/86 - 08/89** **Teacher**
Chemistry, Physics, General Science; Hathaway High School, Jennings, LA.
- 08/85 - 08/86** **Resident Life Coordinator**
Department of Student Services, McNeese State University, Lake Charles, LA.
- 08/84 - 08/86** **Residence Hall Director**
Department of Student Services, McNeese State University, Lake Charles, LA.

SCHOLARSHIP

Publications (Refereed Articles, Book Chapters, Monographs, ERIC Documents, and Refereed Proceedings; Alphabetized by Year of Publication)

Esters, I. G., Biggar, R., Lacour, J., and Reyes, M. G. (2008). 2008 Louisiana study on problem gambling. The Louisiana Office for Addictive Disorders. Baton Rouge, LA. (Available as an online document published by the OAD at: <http://www.dhh.louisiana.gov/offices/?ID=23>).

Esters, I. G., Tracey, Anne, & Millar, R. (2007). The Application of the Things I Worry About Scale to a Sample of At-Risk American Adolescents: An Examination of Psychometric Properties. Adolescence, 42 (168), 699-721.

Esters, I. G. (2003). Salient worries of at-risk youth: Needs assessment using the Things I Worry About Scale. Adolescence, 38(150), 279-286.

Esters, I. G., & Lyman, S. (2003). The development of online counseling courses (abstract in refereed proceedings). The Hawaii International Conference on Education: Proceedings. Honolulu, HI: University of Hawaii.

Esters, I. G. (2003). Salient worries of at-risk youth (abstract in refereed proceedings). The Hawaii International Conference on Education: Proceedings. Honolulu, HI: University of Hawaii.

Esters, I. G., & Castellanos, E. F. (2002). Time management behavior as a predictor of role-related stress: Implications for school counselors. Journal of the Mississippi Counseling Association, 7, 28-34.

Esters, I. G., & Douet, K. P. (2001). Influencing student achievement through counseling: The story of a commonsense professional development school. NASSP Bulletin, 85(624), 38-45.

Esters, I. G., & LeDoux, C. L. (2001). At-risk high school students' preferences for counselor characteristics. Professional School Counseling, 4, 165-170.

Begnaud, L., Beasley, H., Esters, I., Chance, L., & Lemoine, B. (2000). Professional development schools, school reform, and Title I: A new model. PDS Partnerships: The Promise for Quality Education: Proceedings. Columbia, SC: University of South Carolina.

Esters, I. G., & Ledoux, C. L. (2000). At-risk high school students' preferences for counselor characteristics. Greensboro, NC: ERIC Counseling and Student Services Clearinghouse. (ERIC Document Reproduction No. ED 436 696).

Esters, I. G., & Castellanos, E. F. (1999). Time management behavior as a predictor of role-related stress: Implications for school counselors. Greensboro, NC: ERIC Counseling and Student Services Clearinghouse. (ERIC Document Reproduction Services No. ED428302)

Esters, I. G., & Ittenbach, R. F. (1999). Contemporary theories and assessments of intelligence: A primer. Professional School Counseling, 2, 373-376.

Esters, I. G., & Billingsley, C. (1998). Multicultural counseling from a postmodern perspective. Journal of the Mississippi Counseling Association, 6, 2-11.

Esters, I. G., Cooker, P. G., & Ittenbach, R. F. (1998). Effects of a unit in mental health on rural adolescents' attitudes about seeking psychological help and concepts of mental illness. Adolescence, 33, 469-476

Esters, I. G., Ittenbach, R. F., & Han, K. (1997). Today's IQ tests: Are they really better than their historical predecessors? School Psychology Review, 26, 211-223.

Ittenbach, R. F., Esters, I. G., & Wainer, H. (1997). The history of test development. In D. P. Flanagan, J. L. Genshaft, and P. L. Harrison (Eds.), Beyond Traditional Intellectual Assessment: Contemporary and Emerging Theories, Tests, and Issues. New York: Guilford.

Esters, I. G., Cooker, P. G., & Ittenbach, R. F. (1996). Effects of a mental health unit on rural adolescents' concepts of mental illness and attitudes about seeking professional help. Greensboro, NC: ERIC Counseling and Student Services Clearinghouse. (ERIC Document Reproduction Services No. ED395 250)

Ittenbach, R. F., & Esters, I. G. (1995). The utility of team indices for predicting end of season rankings in two national polls. The Journal of Sport Behavior, 18 (4).

Papers Read and Presentations Made at Professional Meetings

International Meetings

Esters, I. G. (2003). Salient worries of at-risk youth. Presented at the Hawaii International Conference on Education. Honolulu HI: University of Hawaii.

Esters, I. G. (2003). The development of online counseling courses. Presented at the Hawaii International Conference on Education. Honolulu HI: University of Hawaii.

National Meetings

Buller, A., Mckinney, B., & Esters, I. G. (2005). When Children's Parents Go to War: Separation and Reintegration. Presented at the 16th Annual National Youth-At-Risk Conference. Savannah, GA.

Esters, I. G., Mckinney, B., & Buller, A. (2005). Assessing the Worries of Children and Adolescents: An International Perspective. Presented at the 16th Annual National Youth-At-Risk Conference. Savannah, GA.

Esters, I. G. (2004). Validation of an instrument to assess the worries of at-risk youth. Presented at the 15th Annual National Youth-At-Risk Conference. Savannah, GA.

Esters, I. G. (2004). School counselors' role in closing the achievement gap. Presented at the 15th Annual National Youth-At-Risk Conference. Savannah, GA.

Douet, K. P., Esters, I.G., & Olivier, R. M. (2002). Catch the wave: Professional development schools move schools forward. Presented at the 62nd Annual School Boards Association National Conference. New Orleans, LA: National School Boards Association.

Esters, I. G., Beasley, H., & Begnaud, L. (2002). The effects of internship in professional development schools on teacher efficacy. Presented at the 2002 Professional Development Schools National Conference. Orlando, FL: University of South Carolina.

Esters, I. G., Douet, K. P., & Olivier, R. M. (2002). A school/university partnership grounded in school counseling: A model that works. Presented at the 13th Annual National Youth-At-Risk Conference. Savannah, GA.

Esters, I. G., Lyman, S., & Williams, D. (2002). Online courses in guidance and counseling. Presented at the Annual T.H.E.(Teaching in Higher Education) Forum. Baton Rouge, LA.

Esters, I. G., & Olivier, R. M. (2002). Education equity can begin with school counselor education. Education Trust National Conference. Washington, DC: The Education Trust, Inc.

Esters, I. G., Olivier, R. M., & Douet, K. P. (2002). The role of PDS in school counselor education. Presented at the 2002 Professional Development Schools National Conference. Orlando, FL: University of South Carolina.

Begnaud, L., Beasley, H., Esters, I., Chance, L., & Lemoine, B. (2000). Professional development schools, school reform, and Title I: A new model. PDS Partnerships: The Promise for Quality Education. Columbia, SC: University of South Carolina.

Esters, I. G., & Douet, K. (2000). The professional development partnership: A charter school/university collaboration that works. Presented at the Annual Charter Schools National Conference, December 6-9, Washington, D.C.

Esters, I. G., Cooker, P. G., & Ittenbach, R. F. (1996). Effects of a mental health unit on rural adolescents' concepts of mental illness and attitudes about seeking professional help. Presented at the Annual Meeting of the American Educational Research Association, New York, NY.

Esters, I. G., Stone, G. S., Liles, J. L., Sanders, J., & Rutherford, P. (1996). Problems and opportunities arising from college/public school partnerships. Presented at the Seventh National Conference on School/College Collaboration: American Association for Higher Education, Washington, DC.

Thurlow, D. L., Stone, G. S., Esters, I. G., Rutherford, P., & Hartlein, D. (1995). Portfolio assessment of potential student interns: A liberal arts approach. Presented at the Sixth Annual Conference on School/College Collaboration: American Association for Higher Education, Washington, DC.

Esters, I. G. (1994). An analysis of personality type, career orientation, and performance of participants in a learning program stressing field research. Presented at the Annual Meeting of the American Educational Research Association, New Orleans, LA.

Esters, I. G., Newell, A. L., Swindell, L. K., & Peterson, S. E. (1993). The role of response confidence in children's processing of instructional feedback. Presented at the annual meeting of the American Educational Research Association, Atlanta, GA.

Regional and State Meetings

Esters, I. G., Biggar, R., Lacour, J., and Reyes, M. G. (2008). 2008 Louisiana study on problem gambling. Presented at the annual meeting of the Louisiana Association on Addictive Disorders. Shreveport, LA.

Esters, I. G. (2008). Measuring outcomes in counseling and psychotherapy. Acadiana Licensed Professional Counselors Association: Lafayette, LA.

Esters, I. G. (2008). Ethics in school counseling. Lafayette Parish School Counselors Association. Lafayette, LA.

Esters, I. G. (2008). Cognitive therapy: History and techniques. Acadiana Licensed Professional Counselors Association: Lafayette, LA.

Esters, I. G. (2007) Building a case for cognitive-behavioral approaches to counseling, wellness, and rehabilitation. Louisiana Counseling Association Annual Meeting: Baton Rouge, LA.

Esters, I. G., & Roberts, N. M. (2007). Perceptions about school leadership: Disposition, motivation, and role commitment. Mid-South Educational Research Annual Meeting: Hot Springs, AR.

Esters, I. G. (2006). Making a case for cognitive-behavioral approaches to counseling, psychotherapy, wellness, and rehabilitation. Louisiana Rehabilitation Services: Lafayette and Baton Rouge, LA (video conference).

Esters, I. G. (2003). LA GEAR UP professional development for school counselors: Facilitating the success of all students. 2003 GEAR UP Regional Conference, New Orleans, LA

Spruill, D., Esters, I. G., Tanner, Z., & O'Rourke, K. (2003). Louisiana school counseling: The state we're in. Presented at the Annual Meeting of the Louisiana Counseling Association, Monroe, LA.

Esters, I. G., & Olivier, R. M. (2001). Brief counseling for the school counselor: An introduction. Presented at the Annual Meeting of the Louisiana Counseling Association, Alexandria, LA.

Esters, I. G., & Alexander, Y. (2000). Building a professional development school for school counselors from the ground up. Presented at the Annual Meeting of the Louisiana Counseling Association, Alexandria, LA.

Sandoz, C. J., & Esters, I. G. (2000). Myth as metaphor: Techniques in counseling. Presented at the Annual Meeting of the Louisiana Education Research Association, Shreveport, LA.

Esters, I. G. (1999). High school students' preference for school counselor characteristics. Presented at the Annual Meeting of the Mid-South Educational Research Association, Point Clear, AL.

Esters, I. G. (1998). Contemporary theories and assessments of intelligence: A primer for school counselors. Presented at the Annual Meeting of the Louisiana Education Research Association, Shreveport, LA.

Esters, I. G., & Castellanos, E. F. (1998). Time management behavior as a predictor of role-related stress: Implications for school counselors. Presented at the Annual Meeting of the Mid-South Educational Research Association. New Orleans, LA.

Stone, G. S., Esters, I. G., Liles, J. L., Sanders, J., & Hartlein, D. (1996). A community-based education program. Presented at the annual conference of the Arkansas Association of Teacher Educators, Little Rock, AR.

Esters, I. G., & Ittenbach, R. F. (1994). The utility of team indices for predicting end of season rankings in two national polls. Presented at the Annual Sigma Xi Research Symposium, University, MS.

Workshops and Invited Lectures

Esters, I. G. (2007). Perceptions about school leadership among administrators and teachers. Lafayette Parish Principals: Lafayette, LA.

Esters, I. G. (2007). Cognitive therapy techniques. Acadiana Licensed Professional Counselors Association: Lafayette, LA.

Esters, I. G. (2006). Responding to crisis in schools. Lafayette Parish School Counselor Association: Lafayette, LA.

Esters, I. G. (2006). Ethical issues and the school counselor. Lafayette Parish School Counselor Association: Lafayette, LA.

Esters, I. G. (2006). Counselor Education and Credentialing. Acadiana Licensed Professional Counselors: Lafayette, LA.

Esters, I. G. (2003). The challenges of changing. LA GEAR UP Professional Development for School Counselors Meeting: Lafayette, LA.

Esters, I. G. (2003). EPAS and the school counselor. LA GEAR UP Professional Development for School Counselors Meeting: Lafayette, LA.

Esters, I. G. (2003). School counseling: Where we've been and where we're going. LA GEAR UP Professional Development for School Counselors Meeting: Lafayette, LA.

Esters, I. G., & Roberts, N. (2003). Legal and ethical issues in counseling. Lafayette Parish School Counselor Association: Lafayette, LA.

Esters, I. G. (2003). School counseling. Teacher Cadet Corps Regional Meeting: Lafayette, LA.

Esters, I. G., Beasley, H., & Begnaud, L. (2002). The effects of internship in professional development schools on teacher efficacy. UL Lafayette College of Education, Educational Studies Colloquium Series: Lafayette, LA.

Esters, I. G. (2002). National school counselor certification. Vermillion Parish School District: Abbeville, LA.

Esters, I. G. (2002). School counseling. Teacher Cadet Corps Regional Meeting: Lafayette, LA.

Esters, I. G. (2000). Developing your comprehensive guidance and counseling program. St. Landry Parish School District: Opelousas, LA.

Esters, I. G. (2000). Commencement address. Lafayette Charter High School: Lafayette, LA.

Esters, I. G. (1999). Comprehensive school counseling. Presented at the 1999 Annual Cajun Heartland School-to-Work Leadership Meeting. Lafayette, LA.

Esters, I. G. (1999). Individual and group counseling skills for school counselors and social workers. Iberia Parish School Board: New Iberia, LA.

Esters, I. G. (1997). Opportunities for minorities in education and the helping professions. Lyon College Black Student Association: Batesville, AR.

Esters, I. G. (1996). The value of education: The experiences of a first generation college graduate. Batesville, AR: APPLE Project, Lyon College.

Esters, I. G. (1995). Child development and discipline. Mountain View, AR: Partners in Education

Esters, I. G. (1994). Group counseling for offenders. Oxford, MS: United States Probation Service.

Esters, I. G. (1993, November). The effect of personal values on career and lifestyle. Bruce, MS: United Methodist Youth.

Esters, I. G., & Begnaud, L. (2000). Becoming a partner in the UL professional development school initiative. Franklin, LA: St. Mary Parish School Board and Community Meeting.

Esters, I. G., and MacNamee, K. (1996). Understanding ADHD. Mountain View, AR: Partners in Education

Grants (only funded grants are listed)

Esters, I. G. (2003). Effectiveness of TestEdge™ with rural students. Institute of HeartMath; \$11,036.

Esters, I. G. (2003). LA GEAR UP Professional Development in School Counseling. Louisiana Board of Regents LA GEAR UP Initiative; \$147,000.

Esters, I. G., Lyman, S., & Williams, D. (2002). Online Courses in Guidance and Counseling. Louisiana Board of Regents Support Fund Distance Learning Initiative; \$36,000.

Esters, I. G., & Douet, K. (1999). Counseling center development grant. Cajun Heartland School-to-Work; \$2,500.

Esters, I. G. (1999). Career and lifestyle development for school counseling students. Governor's Office for Workforce Development; \$3,045.

Esters, I. G. (1999). A proposal to enhance the practicum experience of school counselor trainees. UL-Lafayette Faculty Development Minigrant; \$500.

Esters, I. G. (1998). A proposal to enhance the counseling skills of preservice school counselors. UL-Lafayette Faculty Development Minigrant; \$500.

SERVICE

Professional Service

Treasurer, Louisiana Association of Counselor Educators

Chair, Membership Committee, Louisiana Counseling Association

Chair, Diversity Promotion and Minority Recruitment, Louisiana Counseling Association

Member, Louisiana Senate Concurrent Resolution #48 Study Group (Louisiana Department of Education)

Member, Executive Board, Louisiana Counseling Association

Member, Executive Team, Cajun Heartland School-to-Work

Program Reviewer, MSERA Annual Conference

Editorial Board, *Journal of the Mississippi Counseling Association*

Consultant, Southside School District

Consultant, Batesville School District

Program Reviewer, AERA National Conference

Assistant to the Editor, *Journal of the Mississippi Counseling Association*

Consultant, North Pontotoc Attendance Center

Institutional Service

Service to the University

Member, *ad hoc* Committee on Grade Appeals Revision (Faculty Senate)
Member, Graduate Appeals Committee
Chair, QSN Dean Search Committee (to hire Carlson)
Counselor Education Redesign/Accreditation Team
Chair, UL Lafayette EdD Proposal Writing Team
Senator, UL-Lafayette Faculty Senate
Senator, UL-Lafayette Faculty Senate
Member, Committee on Academic Affairs and Standards (CAAS)
Member, SGA Child Development Center Advisory Board
Representative, Discover UL

Service to the College of Education

Director, Program in Counselor Education
Member, NCATE Standards Committee
Member, Recruitment and Retention Committee
Member, QSN Faculty Search Committee (to hire Roberts)
Member, QSN Faculty Search Committee (to hire Sandoz)
Member, QSN Faculty Search Committee (no hire made)
Liaison, Lafayette Charter High Professional Development School
Co-Chair, College of Education Centennial Committee - Campus Visits
Coordinator, Preview Day, 1998
Chair, College of Education Mission Statement Committee
Member, Graduate Policy Advisory Board

Service to Educational Foundations and Leadership and Counselor Education

Chair all Committees in Counselor Education
Director of Counselor Education
Coordinator, Program in School Counseling
Member, EDFL Curriculum Committee
Chair, EDFL Publicity Committee
Member, EDFL Graduate and Undergraduate Foundations Committee

Community Service

Member, Lafayette Police Department Crisis/Hostage Negotiation Team
LPC Licensing Supervisor
Counselor and Consultant for St. Martin Parish School District Special Services

Member, Lafayette Charter High School Evaluation and Planning Committee
Volunteer - Special Olympics
Member, Cajun Heartland School-to-Work Leadership Team
Member, Lafayette Parish School District Action Plan Committee
Member, Health Advisory Board - Northcentral Arkansas Developmental Council
Member, Southside School District Science Curriculum Committee
Coach - Instructional T-Ball, Batesville Youth Program
Coach - Youth Basketball, Lafayette, LA
Member, Grants Committee, St. Martinville Primary School

ACADEMIC HONORS AND AWARDS

Outstanding Contributions to the Counseling Profession, Professional Publication, 2002, Louisiana School Counselor Association
Outstanding Advisor, UL Lafayette College of Education, 2001
Outstanding Contributions to the Counseling Profession, Post-Secondary Counselor of the Year, 2000, Louisiana School Counselor Association
Outstanding School/University Collaborative Award, University of Louisiana at Lafayette, 2000
Distinguished Achievement, University of Louisiana at Lafayette, 1999
Listed, 56th Edition of Marquis Who's Who in America
Chi Sigma Iota Counseling Academic and Professional Honor Society International
Wye Fellow, The Aspen Institute, 1996.
Honors Fellow, The University of Mississippi, academic years 1992-1995.
Outstanding Presentation in Social Science, Sigma Xi Research Society, 1995.
Excellence in Research at the Doctoral Level, The University of Mississippi, Educational Psychology Program, 1995.
Kappa Delta Pi Honor Society

PROFESSIONAL AFFILIATIONS

American Counseling Association
Association of Counselor Educators and Supervisors
Louisiana Counseling Association
Louisiana Association of Counselor Educators and Supervisors
Louisiana Association of Crisis Negotiators

COURSES TAUGHT (*U = undergraduate course; G = graduate course*)

Introduction to Counseling (U)
Adolescent Development (U)
Occupational and Educational Information (G)
Psychological Testing (U)
Educational Psychology (U)
Introduction to Education (U)

Teaching, Learning and Growth (*U)
Social and Cultural Foundations of Counseling (*G)
Counseling Internship (*G)
Theories and Techniques of Counseling (U,G)
Principles and Administration of School Counseling (*G)
Internship/Seminar in Education (*U)
Orientation to the World of Work (G)
Child Development (U)
Educational Research (U,G)
Measurement and Assessment (U)
Practicum in Counseling (*G)
Career and Lifestyle Development (*G)
Psychology of Personality (U)
History and Systems of Psychology (U)
Orientation to Ethical, Professional, and Legal Issues in Counseling (G*)
Theories of Counseling (G)
Theories and Techniques of Appraisal for Counselors (G*)
Helping Relationships (G*)
Lifestyle and Career Development (G*)
Advanced Seminar in Counseling (G*)

(*) Developed Department and/or Course Syllabus